

BAKING DAY

Choreographer: Tom Hicks (310)-714-2440 T.hicks6@gmail.com
Music & Rhythm: "Baking Day" Michael Allen Harrison "Notable Impressions" Waltz
Footwork: Opp unless indicated (W's footwork in parentheses) Phase VI (Easy)
Sequence: INTRO-A-B-A-C-A-END cut music to end at 3:04 Slow from 30 MPM to 28 MPM
Avail on Itunes or Amazon Release Aug 2023

INTRODUCTION

1-4 WAIT 2 MEAS CP DLC TRAIL FT FREE;; RIGHT LUNGE & ROLL; BACK WHISK SCP LOD;
1-4 Wait 2 meas CP DLC trail ft free;; [RT LNG & ROLL] Lower into the L knee reach diag fwd R, Sway upper body R, Cont R sway; [BK WHISK] Bk L, Sd & bk R trng RF, XLIB of R SCP LOD;

PART A

1-4 SCP CHASSE; HOVER TO BJO; BACK CHASSE TRNG TO CP DRW; CONTRA CHECK TO SCP DLC;
1-4 [SCP CHASSE] Fwd R & acrs to LOD, Sd L/Cl R to L, Sd L & sl fwd SCP LOD; [HOVER TO BJO] Fwd R & acrs to LOD, Sd & sl fwd L trng W LF, Rec bk R trng W to BJO LOD; [BK CHASSE TRNG TO CP] Bk L in BJO comm trn RF, Sd R/Cl L to R, Sd R trng RF CP facg DRW; [CONTRA CHECK TO SCP] Lowering into R knee strg fwd L in CBM trng upper body LF, Rec bk R, Sd & fwd L trng LF to SCP DLC;

5-8 QK OPEN REV; OUTSIDE CHECK; BACK TIPPLE CHASSE TO CP DLC; TRAVELING CONTRA CHECK SCP DLC (**SLOW TRAV CONTRA CHECK 1ST TIME THROUGH PART A);
5-8 [QK OP REV] Fwd & acrs R in SCP trng W LF to CP, Sd & fwd L trng LF/Sd & bk R, Bk L BJO RLOD; [OUTSIDE CHK] Bk R blending to CP, Sd & fwd L, Fwd R outside ptr BJO RLOD; [BK TIPPLE CHASSE] Bk L trng RF, Sd & bk R cont RF trn/Cl L to R cont trng RF, Sd & fwd R to CP DLC; [TRAV CONTRA CHK] Lowering into R knee strg fwd L in CBM, Trng upper body RF cl R to L, Sd & fwd L to SCP DLC; {**1st time thru Part A pause slightly on the 2nd beat of Trav Contra Chk}

9-12 RUNNING OPEN NAT; RISING LOCK; REVERSE FALLAWAY & SLIP CP DLW; TURNING HOVER TO BJO DLC;
9-12 [RUNNING OP NAT] Fwd & acrs R in SCP LOD com RF trn/Sd & fwd L trng RF to end backing DC, Sd & bk R, Bk L BJO DRW; (Fwd & acrs L, Fwd R/Fwd L, Fwd R to BJO); [RISING LCK] Bk R trng LF, Sd & fwd L cont trng LF, XRIB of L; [REV FALLAWAY & SLIP CP DLW] Fwd L DLC trng LF/Sd & fwd R trng LF & trng W to Fallaway pos, Bk L in Fallaway, Bk R trng LF slipping W to CP DLW; [TRNG HOVER BJO] Fwd L trn LF, Sd & fwd R trng to fac DLC, Fwd L having brushed BJO DLC;

13-16 RUNNING HOVER TO SCP DLC; WEAVE 3; BACK SYNC TWIST VINE 4; HESITATION CHANGE (**SLOW HESITATION CHANGE 2ND TIME THROUGH PART A);
13-16 [RUNNING HOVER SCP DLC] Fwd R in BJO/Fwd L blending to CP, Fwd R diag betw W's ft trng W RF, Sd & fwd L SCP DLC; [WEAVE 3] Fwd & acrs R trng LF, Fwd L trng LF, Sd & bk R BJO RLOD; [BK TWIST VINE 4] Bk L BJO/Sd R trng RF CP, Fwd L SCAR, Sd & bk R trng LF to BJO; [HES CHG] Bk L trng RF, Sd R trng RF CP facg DLC, Cl L to R w/o wgt; {**2nd time thru Part A pause slightly on the 2nd beat of Hesitation Change}

PART B

1-4 TELESPIN SCP DLW;; NATURAL HOVER FALLAWAY; SYNC REVERSE TWIRL;
1-4 [TELESPIN] Fwd L trng LF in CP, Fwd & arnd R cont trng LF, Pt L Sd & fwd L to SCP LOD; (Bk R trng LF, Cl L to R heel trn trng LF, Sd & fwd R cont trng to SCP LOD;) Trng upper body LF leading W fwd/Fwd L trng LF pickup W to CP, Fwd & arnd R cont trng LF, Sd & fwd L SCP DLW; (Fwd L trng in frt of M/Fwd R trng LF to CP, Cl L to R toe spin, Sd & fwd R to SCP;) [NAT HVR FALLAWAY] Fwd & acrs R trng RF stay in SCP, Fwd L cont trng RF, Bk R in Fallaway facg DRW; [SYNC REV TWIRL] Bk L release R hd & raise lead hds, Bk R trng W under the raised hds/Cl L to R, Bk R lower the raised hds to BJO; (Bk R in Fallaway trng LF, Sd & fwd L trng LF under the raised hds/Sd R cont trng LF, Sd & fwd L to BJO;)

5-8 OUTSIDE CHANGE SCP DLW; PIVOT PREP; SAMEFOOT LUNGE; TELESPIN ENDING TO SCP LOD;
5-8 [OUTSIDE CHG] Bk L in BJO, Bk R trng LF, Sd & sl fwd L cont LF trn to SCP DLW; (Fwd R in BJO, Fwd L trng LF, Fwd & sd R to SCP;) [PVT PREP] Fwd R arnd W, Sd & bk L pvt to fac COH, Tch R to L no wgt; (Fwd L, Fwd R betw the M ft trng RF facg Wall, Cl L to R to Same Ft Line pos;) [SAMEFOOT LUNGE] Lower into L knee & Sd R down LOD, Sway R, Sway L; (Lower into L knee & bk R, Sway R, Sway L;); [TELESPIN ENDING TO SCP LOD] Trng upper body LF leading W fwd/Fwd L trng LF pickup W to CP, Fwd & sd R cont trng LF Fac Wall, Sd & fwd L SCP LOD; (Fwd L trng in frt of M/Fwd R trng LF to CP, Cl L to R toe spin, Sd & fwd R to SCP;)

REPEAT PART A

PART C

1-4 TELEMARK; OPEN NATURAL; TIPPLE CHASSE PIVOT; BACK WHISK SCP DRW;

- 1-4 **[TELEMARK]** Fwd L trng LF in CP LOD, Fwd & arnd R cont trng LF, Sd & fwd L to SCP DLW; (Bk R trng LF, Cl L to R heel trn trng LF, Sd & fwd R cont trng to SCP DLW;)
[OP NAT] Fwd & acrs R trng RF, Sd & bk L cont RF trn, Bk R BJO RLOD; **[TIPPLE CHASSE & PVT]** Bk L trng RF, Sd & bk R cont RF trn/Cl L to R cont trng RF, Sd & fwd R pvtg ½ RF to CP facg DRW; **[BK WHISK]** Bk L trng RF, Sd & bk R trng to SCP, XLIB of R SCP DRW;
- 5-8** **UNWIND M LADY CHASSE SCP LOD; WHIPLASH; BACK HOVER SCP LOD; SLOW SIDE LOCK CP DLC;**
 5-8 **[UNWIND M LADY CHASSE]** Trng body LF unwind with wgt ball of L & heel of R, Transfer wgt to R, Sd & fwd L to SCP LOD; (Fwd L trng LF unwind the M, Fwd R trng LF/Cl L to R, Sd & fwd R trng LF to SCP;)
[WHIPLASH] Fwd R & acrs, Trng upper body LF Pt L to sd & fwd BJO LOD,-; **[BK HOVER]** Bk L trng RF, Sd & bk R trng to SCP, Fwd & sd L SCP LOD; **[SL SD LCK]** Fwd & acrs R trng W LF, Fwd & sd L picking W up to CP, XRIB of L CP DLC;
- 9-12** **DIAMOND TURN; DIAMOND TURN W/ INSIDE TURN; DIAMOND TURN. DIAMOND TURN W/ INSIDE TURN M TRANS;**
 9-12 **[DIAMOND TRN ½ W/ W'S INSIDE TRN]** Fwd L trng LF, Sd & bk R cont trng LF, Bk L BJO; Bk R raise the lead hd release the trail hd ;ead W to trng LF, Sd & fwd L cont trng LF trng W under the raised hds, Fwd R BJO DRW; (Fwd L trng LF under the joined hds, Sd R cont trng LF under the hds, Fwd L comp LF trng;)
[DIAMOND TRN ½ W/ W'S INSIDE TRN M TRANS] Fwd L trng LF, Sd & bk R cont trng LF, Bk L BJO; Bk R raise the lead hd release the trail hd ;ead W to trng LF, Sd & fwd L cont trng LF trng W under the raised hds, Hold in pos trng W to Shad facg DLW; (Fwd L trng LF under the joined hds, Sd R cont trng LF under the hds, Sd L facg DLW in Shad;)
Both M & W have R free
- 13-16** **SHADOW FWD FWD LOCK FWD; SHADOW THRU FACE WALL & CLOSE; SHADOW WHISK; SHADOW SLOW SIDE LOCK;**
 13-16 **M & W same footwork next 4 meas** **[SHAD FWD FWD LCK FWD]** Fwd R in SHAD, Fwd L/XRIB of L, Fwd L **[SHAD THRU FAC CL]** Fwd R trng sl RF, Sd L, Cl R to L; **[SHAD WHISK]** Fwd L DLW, Sd & fwd R, XLIB of R SHAD; **[SHAD SL SD LCK]** Fwd & acrs R, Fwd & sd L, XRIB of L SHAD DLW;
- 17-18** **M ROCK LADY ROLLS OUT LOP FACG WALL; TWINKLE TO SCP DLC;**
 17-18 **[M RCK LADY ROLLS OUT TO LOP WALL]** Sd L leading W out trng her LF, Sd R release R hd, Tch L to R no wgt LOP fang WALL; (Fwd L trng LF, Sd R cont trng LF, Sd & fwd L ½ LF fac WALL;)
[TWINKLE TO SCP DLC] Fwd L leading W to cross in front of M, Sd & fwd R trng W to SCP LOD; Fwd L to SCP LOD; (Fwd R trng RF, Sd & around L trng RF, Sd & fwd R trng to SCP DLC;)

REPEAT PART A

END

- 1-4** **SIDE TO HINGE; REC TO SAME FOOT LINE; REC CLOSE & LADY SWIVEL; OUTSIDE CHANGE TO SCP LOD;**
 1-4 **[SD TO HINGE]** Sd L to RLOD, Rise through body & trng body LF leading W to cross, Lower & pt R down LOD; (Sd R, Rise on R XLIB of R, Lower into L knee & pt R down LOD;)
[REC SAME FT LINE] Rise on L Sd R leading W fwd, Swivel W LF, Lower into R knee & pt L RLOD; (Fwd R, Swivel RF ½ fac RLOD, Lower into R knee & pt L RLOD;)
[REC CLOSE LADY SWIVEL] Rec L leading W fwd, Swivel W LF, Cl R to L BJO RLOD; (Fwd L, Swivel ½ LF, Tch R to L no wgt chg;)
[OUTSIDE CHG SCP] Bk L in BJO, Bk R trng LF, Sd & sl fwd L cont LF trn to SCP DLW; (Fwd R in BJO, Fwd L trng LF, Fwd & sd R to SCP LOD;)
- 5-12** **REPEAT MEAS 1-6 OF PART A;;;;; IMPETUS TO SCP; THRU PROMENADE SWAY & CHG;**
 5-12 Repeat meas 1-6 of Part A;;;;; **[IMPETUS]** Bk L trng RF, Cl R to L heel trn, Sd & fwd L SCP LOD; (Fwd R trng RF, Fwd & arnd L cont trng RF Sd & fwd R SCP ;)
[THRU PROM SWAY & CHG] Fwd & acrs R, Sd & fwd L trng upper body strong RF stretching R sd leading W to open her head RF SCP, Chg sway to R as music fades;

BAKING DAY

Wait 2 Meas CP DLC Trail Ft Free

INTRO

Wait ;*; Right Lunge & Roll ; Back Whisk SCP Lod ;

PART A

Thru Semi Chasse ; Fwd Hover to Bjo ; Back Chasse to CP R&W ;
Contra Check to SCP L&C ; Quick Open Rev ; Outside Check ; Back R Tipple Chasse to a ;
Very Slow Traveling Contra Check SCP L&C ,,; Running Open Natural ; Rising Lock ;
Reverse Fallaway & Slip ; Hover to Bjo ; Running Hover to SCP ; Weave 3 ; Back Sync
Twist Vine 4 ; Hesitation Change ;

PART B

Telespin to Semi ;; Natural Hover Fallaway ; Back Chasse Lady Reverse Twirl Bjo ;
Outside Change Semi ; Natural Prep Face Center ; Same Foot Lunge ;
Telespin Ending to Semi Line;

PART A

Thru Semi Chasse ; Fwd Hover to Bjo ; Back Chasse to CP R&W ;
Contra Check to SCP L&C ; Quick Open Rev ; Outside Check ; Back R Tipple Chasse to a ;
Traveling Contra Check SCP L&C ,,; Running Open Natural ; Rising Lock ; Reverse
Fallaway & Slip ; Hover to Bjo ; Running Hover to SCP ; Weave 3 ; Back Sync Twist
Vine 4 ; Hesitation Change Slight Pause ;

PART C

Telemark to Semi ; Open Natural ; Back R Tipple Chasse Pivot ; Back Whisk Semi R&W ;
Men Unwind, Lady Chasse Semi Line ; Whiplash ; Back Hover Semi Line ; Slow Side
Lock ; Diamond Turn ; W/ Inside Turn on Measures 2 & 4 ;*; Men In 2 to Shadow L&W ;
Right Foot Fwd, Fwd Lock Fwd ; Fwd Side Close ; Whisk ; Slow Side Lock ;
Men Rock Lady Roll Out, Face Wall ; Forward hover to Semi L&C ;

PART A

Thru Semi Chasse ; Fwd Hover to Bjo ; Back Chasse to CP R&W ;
Contra Check to SCP L&C ; Quick Open Rev ; Outside Check ; Back R Tipple Chasse to a ;
Traveling Contra Check SCP L&C ,,; Running Open Natural ; Rising Lock ; Reverse
Fallaway & Slip ; Hover to Bjo ; Running Hover to SCP ; Weave 3 ;
Back Sync Twist Vine 4 ; Hesitation Change ;

ENDING

Side to Hinge ; Rec Swivel Her to Same Foot Lunge Line ; Slow Outside Swivel Men Close;
Outside Change to Semi ; Thru Semi Chasse ; Fwd Hover to Bjo ;
Back Chasse to CP R&W ; Contra Check to SCP L&C ; Quick Open Reverse ;
Outside Check ; Impetus to Semi ; Thru Promenade Sway & Change to Over Sway ;