



Harvest Holiday 2007

Fly Me to the Moon

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Report on April 15, 2007

Fun Dance

43 dancers enjoyed the cueing from Ron Webb, Christine Hixson and Bob Heath. Marilou Webb greeted dancers at the door. Coffee and refreshments were served by Bob & Maycene Hopper. The raffle sales were handled by Chris and Jan Farabaugh. Molly O'Neal was the winner of a scented tealight donated by Linda Holder. Craig Moore won a ceramic hot-dog serving set donated by Maycene & Bob Hopper. Glen Arceneaux won a crystal bud vase donated by Betty & Royce Wheaton. Ron & Marilou Webb won a decorator purse collection donated by Melanie Gustafson.

Dances cued included: Hello Memory, Last Night Cha, Jurame, A Time For Love, Why Don't Cha Do Right, Are You Gonna Dance, You Raise Me Up, Am I Blue IV, Samba De Ooh La La, Afro Cubano, Carnival, Tango Of The Rising Sun, Lazy Crazy Days, No Walls, It Don't Mean A Thing, Waltz In A Flat, The Sun The Sea And The Sky, Riviere De Lune, Just A Tango, I Wanta Quickstep, Colours Rumba, PA65000, Perfidia Rumba, Dark Waltz, Shamey Shamey Shame, Can't Smile Without You, El Reloj, Abrazame, Lisbon Antigua, Maria Elena Foxtrot, Forest Gump, Memory Rumba, Autumn Leaves, And I Love You So, Boogie Time Jive, I'm Still Me, Feathers

Special THANKS and Appreciation With HUGS!

In addition to appreciation for our attendees and cuers at the Harvest Holiday dances:

A special thanks with hugs goes out to all of you who have donated items and/or volunteered to assist promoting tickets for the Harvest Holiday Raffle, as well as to all of you who have participated in the drawings.

Also, any additional donations and/or volunteer assistance with our Harvest Holiday Raffle prizes and tickets is sincerely welcomed and greatly appreciated.

A sign-up sheet is available or please contact: Leota Porter (972) 660-3556.

Report on April 29, 2007 MiniFest

The annual Harvest Holiday MiniFest was held April 29 at Swingtime Center featuring Phase 2, 3, and 4 level dances. A total of 85 dancers attended the afternoon teaches and evening programmed dance. Karen and Ed Gloodt taught two of their original dances, Kewpie Doll, a level 2 two step (cue and do warm up) and Nancy's Song, a level 4 waltz. Christine and Theron Hixson followed with a teach of a level 4 jive titled Kansas City Baby. Nearly 50 of the dancers chatted together through dinner at Luby's and then returned to the hall for the dance cued by Karen Gloodt, Christine Hixson, Bob Heath, and Ken MacKay. It was also delightful to have Paul and Pat Goodson and John and Eula Brewer in attendance at the MiniFest.

Phyllis Weisheit and Aleece Collamore were responsible for the beautifully decorated hall. Using lavender and purple flowers arrangements on each table including the serving and sign-in tables, they also carried out the theme on the stage with swagged sheers covered with gold and silver stars and purple cloth with gold moons. Lighted puffy stars on the stage and subdued lighting for the evening dance made the evening very special.

Sharon Tharas along with the help of Patsy Heath handled the coffee and kitchen duties and provided many of the snacks and desserts. June and Ken Gartlir greeted at the door and JL Pelton and Linda Holder along with Bill Rackley worked the raffle. Audrey Gayda won the scented tea light donated by Linda Holder. Randy Michael won the Tiffany accent light donated by Aleece and Larry Collamore. Ruby Watson won the Red Pepper kitchen towel set donated by John and Leota Porter. Karen Gloodt won the hot lotion dispenser donated by Linda Holder. Other members of Harvest Holiday also provided refreshments and your donations were greatly appreciated. Bob Bowling, Evelyn Smiles, Ken MacKay, and others helped the various chairs in cleaning up the hall after the dance.

It was a great MiniFest Dance. Our next Phase 2, 3, and 4 dance will be held the last Sunday in September on the 30th. This will be a dance only from 2-5 p.m. at Swingtime. Hope to see you there.

Education Spot

Harold & Meredith Sears of Boulder, Colorado have given our Harvest Holiday Newsletter permission to print a quotation from their very useful web site. To see the site, go to www.rounddancing.net/dance. For the complete article, "The Healthy Side of Round Dancing" see the April issue of the Dixie Round Dance Council Newsletter.

"Round dancing is a perfect activity for improving physical, mental, emotional, social, and even artistic or creative health. ...

Physical Health: Dancing burns anywhere from 200 to over 2000 calories during a 30-minute period—as many as walking, swimming, or bicycling. At first thought, you might guess that a fast jive or mambo would give you the best dance workout, but we work as hard in a slow waltz, with its picture figures, in which you hold your position and slowly move through a change of sway and then maybe into another picture, with every part of your body under toned control.

Mental Health: Think of all that coordinated muscular activity, precise movements in specific sequences, finely meshed lead and follow, all this matched to one piece of music after another. Does this happen by itself? No, the brain and entire nervous system directs it in great waves of mental activity.

Emotional Health: The moment the music starts, cares melt away.

Social Health: Other games are competitive; dancing is cooperative.

Artistic Health: Dancing is an art form, but instead of paint and canvas, the dancers' medium is their own bodies. Dancers are not just walking around the room in time to the music. We are rising and falling, swaying and changing sway, opening our heads and bodies and closing them. We call them "picture figures" for a reason. We are continuously creating these ephemeral works of art as we progress through each dance.

So, let's not take our round dancing for granted. It is wonderfully good for us. It

strengthens and heals our physical, mental, emotional, social, and our artistic selves. And of course, it's fun, too."

NOTE: To receive this free newsletter or to send information for inclusion in the newsletter, email Melanie Gustafson at: MelanieG991@sbcglobal.net

Harvest Holiday Club Reports

Dance, Dance, Dance (Phase 4-5-6-)	Ron and Marilou Webb
Thursday, 6:15-9:00 pm	Amagura, Abrazame, Your Man, Waltz in A
Timber Ridge Recreation Center, North Dallas	Flat, That's How It Goes, Lazy Crazy Days
Merry Rounders (Phase 4-5-6-)	Ron and Marilou Webb
Monday, 7:00-9:30	Beautiful Maria, Java Jive, It Had to Be You
Arlington Senior Center	
Rainbow Rounds (Phase 3-4-5)	Bob and Patsy Heath
Wednesday, 7:00-9:15 pm	Can't Smile Without You, C'est Si Bon, Gozo,
Swingtime Center, Fort Worth	Rachel's Song, Enchanted Boy, Forrest Gump
Ramblin' Rounds (Phase -3-4+)	Theron and Christine Hixson
Tuesday, 7:30-9:30 pm	Hello Memory, Shamey Shamey Shame
Bradfield Rec. Center, 1146 Castle Dr., Garland	Gozo III, Feather's
Ramblin' Rounds (Phase -4-5-6)	Theron and Christine Hixson
Wednesday, 7:00-9:00 pm	Why Doncha Do Right, Forrest Gump,
Churchill Recreation Center, Dallas	Lazy Crazy Days, Abrazame

NATIONAL CAROUSEL COMMITTEE CURRENT POPULAR DANCES

www.danceurdc.org

1. Carnival	IV	Rumble	9. Safronia B	VI	Rumble
2. Last Night Cha	V	Worlock	10. Big Spender	VI	Vogt
3. A Wink & A Smile	V	Rumble	11. Hello Memory	IV	Shibata
4. La Barca	V	Goss	12. I've Got You Under My	V	Goss
5. Dark Waltz	VI	Vogt	13. Samba de Ooh La La	V	Shibata
6. Afro Cubano	V	Noble	14. Waltz in A Flat	VI	Goss
7. My Heart Will Go On	IV	Vogt			
8. And I Love You So	V	Childers			

IMPORTANT UPCOMING HARVEST HOLIDAY EVENTS

All to be held at Swingtime Center, Anglin Drive, Fort Worth

May 20, 2007 --- 2:00 p.m. – Fun Dance

June 10, 2007 --- 2:00 p.m. – Fun Dance

July 8, 2007 --- 2:00 p.m. – Fun Dance

**August 12, 2007 --- 1:00 p.m. --- Harvest Holiday Quarterly Meeting ---
2:00 p.m. --- Fun Dance**

September 9, 2007 --- 2:00 p.m. – Fun Dance

September 30, 2007 --- 2:00 p.m. – Fun Dance II